

Form 17	Date Completed								Data Collector ID#		Subject ID#							
	M	M	D	D	Y	Y	Y	Y	#	#	#	#	#	#	#	#		

Assessment: 5 ☐ 12 months

NUTRITION QUESTIONNAIRE

Interviewer: Mark each question according to the subject's answer. Do not skip any questions.
If the subject is unsure of a date, have them estimate.

On average over the past two weeks:

1. How many times did you eat a meal at a restaurant?
 - ☐ Never
 - ☐ 1-3 times
 - ☐ 4 or more times

2. How many times did you eat a meal at a fast food restaurant or a drive-through?
 - ☐ Never
 - ☐ 1-3 times
 - ☐ 4 or more times

3. How many servings of vegetables did eat on an average day?
 - ☐ 5 or more
 - ☐ 3-4
 - ☐ 2 or less

4. How many times did you eat a dessert with your meal?
 - ☐ 1 time or less
 - ☐ 2-3 times
 - ☐ 4 or more times

5. How many servings of fruit did you eat on an average day?
 - ☐ 5 or more
 - ☐ 3-4
 - ☐ 2 or less

6. How many times did you eat sweets or sweet snacks (such as a snickers bar) on an average day?
 - ☐ 1 time or less
 - ☐ 2-3 times
 - ☐ 4 or more times

7. How many times did you eat regular salty snacks (such as chips or crackers) on an average day?
 - ☐ 1 time or less
 - ☐ 2-3 times
 - ☐ 4 or more times

8. How many regular sodas or glasses of sweet iced tea did you drink on an average day?
 - ☐ Never
 - ☐ 1-2
 - ☐ 3 or more

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(Question #9 should ONLY appear for BTB+ISG Randomization Group)

9. You reported that you participated in the Internet Support Group with our Care Manager Chris in our trial. As you have seen, Chris sends out e-mails a couple times per week regarding new content on the Internet Support Group.

What option do you choose for your continued contact regarding Internet Support Group e-mail updates?

- ☐ I agree to continue receiving regular e-mails from Chris a couple times per week regarding our Internet Support Group (ISG).
- ☐ I would like less frequent e-mails from Chris, such as 1 e-mail each week or every other week.
- ☐ I would like to stop receiving e-mails altogether from Chris regarding Internet Support Group updates.